



Relapse & Risk Policy

Managing Risk Without Losing People

At Life With Support Housing Association, we believe people shouldn't be punished for struggling. Our homes are places of **structure, growth, and second chances** - but also of safety, consistency, and mutual respect.

We operate with a **zero-alcohol and zero-drug policy**, but unlike many providers, we don't eject someone at the first sign of relapse. We manage it.

House Rules: Clear but Fair

All residents agree to:

- Abstain from alcohol and illicit drug use in or around the property
- Treat others with respect and dignity
- Engage with keyworker sessions and support planning
- Not bring risk into the house (e.g., violence, intimidation, criminal activity)

These rules aren't just about compliance - they're about keeping everyone safe and giving recovery a real shot.

What Happens If Someone Relapses?

We respond proportionately, not punitively.

Step 1: Risk Assessment

- Immediate keyworker check-in
- Assessment of mental state, substance use, and potential danger
- Any immediate safeguarding risks are escalated



Step 2: Stabilisation Plan

- Short-term goals agreed (e.g., reconnecting with recovery services, supervised detox, peer support)
- Increased keyworker engagement for a defined period
- Involvement of external professionals (probation, drug/alcohol teams) where needed

Step 3: Review Meeting

- We assess progress, engagement, and current house dynamics
- If the resident is making a genuine effort, we continue support
- If risks remain unmanaged or others are being harmed, we may offer a **planned move** or exit

When Do We Ask Someone to Leave?

We only ask a resident to leave if:

- Their behaviour poses an unmanageable **safeguarding risk** to others
- They refuse to engage with any stabilisation or support
- They bring drugs, violence, or exploitation into the property repeatedly
- There is **deliberate and sustained disruption** to the house environment

Even then, we aim to:

- Offer a **planned exit**, not an emergency eviction
- Help them access temporary alternatives or re-referral
- Provide them with a copy of their records for future placements



Risk Doesn't Scare Us – But We Manage It

We accept people with complex histories - including offending, addiction, and trauma. But we don't accept unmanaged risk, hidden agendas, or harm to others.

We work closely with:

- Probation services
- Drug and alcohol teams
- Mental health services
- MAPPA panels and safeguarding boards
...to ensure risk is shared, not shrugged off.

Want to Talk It Through?

If you've got a complex case, don't rule us out — give us a ring. We're happy to discuss any referral in confidence.

 referrals@lifewithsupport.com

 07466 567770