



Our Support Model

Structure, Stability & Second Chances

At Life With Support, we provide more than accommodation. We deliver a support model designed to help individuals stay housed, stay accountable, and move forward with purpose - no matter where they're starting from.

Our approach is trauma-informed, person-led, and rooted in realism. We know change doesn't happen overnight. So we build the structure around our residents, not the other way around.

What Support Looks Like in Our Homes

Every resident at Life With Support receives:

Named Keyworker

- Assigned within 24 hours of move-in
- Weekly 1:1 check-ins
- Help with appointments, benefits, paperwork, and goals
- Liaison with probation, recovery teams, and social services where needed

Structured Weekly Routine

We help residents establish simple but essential routines:

- Daily expectations for tidiness and engagement
- Weekly property meetings
- Support planning and check-ins
- Encouragement to access recovery meetings, work, or training



In-House Support Includes:

- **Help with budgeting and life skills**
- **Support with relapse prevention and crisis de-escalation**
- **Assistance applying for ID, GP, benefits, and employment**
- **Peer mentoring and internal opportunities** (cleaning, maintenance, etc.)

Relapse Response – Not Eviction-First

We operate a **zero-alcohol and zero-drug policy**, but we *don't* believe in kicking people out for falling down.

If a resident relapses:

- We assess risk and immediate safety
- We create a managed plan (with external support where needed)
- We re-engage them in structure – or escalate to partners if necessary

We believe **housing is part of recovery**, not a reward for having already completed it.

Who Delivers the Support?

Support is delivered by our in-house team, and where appropriate, in partnership with:

- Probation officers
- Mentors and peer supporters
- Drug and alcohol teams (e.g. CGL, Turning Point)
- Community groups and faith-based support

We are not a care provider or high-need mental health service - we provide *supported housing*, designed for people ready to take steps forward.



Progress is Monitored Through:

- Keyworker logs and session notes
- Safeguarding and incident tracking
- Move-on readiness assessments
- Resident feedback and house dynamics

We keep it simple, honest, and human. No overcomplication - just structure that works.

If you want to learn more about how we support specific referrals, or discuss joint working, we're always open to a call.

 referrals@lifewithsupport.com

 07466 567770